

Ottawa, November 5, 2020

## **IMPORTANT UPDATE | PUBLIC HEALTH RESOURCES**

Dear parents and guardians,

I hope you and your loved ones are doing well.

COVID-19 cases remain high in the province. This is why we find it important to remind you of the importance of respecting physical distancing, wearing a mask when requested, regular hand-washing and keeping your child home if they are ill. These behaviors are essential to limiting the spread of the virus and reducing the risk of community transmission.

We invite you to consult the [Back-to-School Guide](#) for all the health and safety instructions in effect in our schools.

### **Public health resources**

Information about seasonal flu shots, as well as instructions for the safe observance of Remembrance Day, can be found on the [CEPEO website](#).

Public health resources, also available on the [CEPEO website](#), continue to be updated and we encourage you to consult them regularly.

I wish you and your family a happy and safe weekend.

Sylvie C. R. Tremblay  
Director of Education