



# BACK-TO-SCHOOL REMINDERS

**CEPEO 20-21**

Updated - December 17 2020

In order to ensure a safe return to class in January 2021, the CEPEO team has prepared the following list of reminders, in collaboration with the regional public health units.

Please note that if you are staying outside the country during the Christmas break, you will have to self-isolate for a period of fourteen (14) days upon your return to Canada. Students will not be allowed to return to school until the isolation period is over.

➤ <b>BACK-TO-SCHOOL GUIDE</b>	<ul style="list-style-type: none"><li>Review the following steps with your child, all of which are available in the <a href="#">Back to School Guide</a>:<ul style="list-style-type: none"><li>wearing a mask</li><li>respiratory etiquette</li><li>hygiene measures</li><li>respect for physical distancing at school</li><li>health and safety measures on board the school bus</li></ul></li></ul>
➤ <b>SELF-ASSESSMENT</b>	<ul style="list-style-type: none"><li>Screen your child EVERY DAY before arriving at school by completing the self-assessment available on the <a href="#">CEPEO website</a></li><li>Beginning February 10, each student from grades 9 to 12 will have to confirm in class that he or she has completed the self-assessment and that the result indicates that he or she can stay in school.</li></ul>
➤ <b>ISOLATION</b>	<ul style="list-style-type: none"><li>Keep your child home if they are showing symptoms of COVID-19.</li></ul>
➤ <b>MASKS</b>	<ul style="list-style-type: none"><li>Wearing a mask is mandatory for all students in Grades 4 to 12, while it is strongly encouraged for students in Kindergarten to Grade 3.</li><li>Please provide a spare mask..</li><li>Scarves and neck warmers are not considered masks.</li><li>Kindergarten to Grade 12 students must wear a mask at all times on school buses and public transit.</li></ul>
➤ <b>HAND WASHING</b>	<ul style="list-style-type: none"><li>Wash your hands often or use hand sanitizer, especially before touching your face, and make sure your child does the same.</li></ul>
➤ <b>PHYSICAL DISTANCING</b>	<ul style="list-style-type: none"><li>Respect and ensure that your child respects the physical distance of two meters or more from people who are not part of your household.</li></ul>
➤ <b>WELL-BEING AND MENTAL HEALTH</b>	<ul style="list-style-type: none"><li>The CEPEO is committed to creating a school environment that promotes mental health and well-being. Mental health support services will continue to be available to students in need, regardless of the delivery model or school attendance identified ( face-to-face or virtual).</li><li>We invite you to consult the <a href="#">Well-being and Mental Health section</a> on the CEPEO website for more details.</li></ul>



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Complete information on health and safety measures is available on our website at  
[cepeo.on.ca/retouralecole](https://cepeo.on.ca/retouralecole)



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