

Ottawa, June 23 2021

## **Year end message**

Dear parents and guardians,

Finally, here we are! The 2020-2021 school year is now behind us. For all of us, it has been unforgettable, in all aspects.

I thank you for your continued commitment throughout the year. Thanks to you and our dedicated staff, your children have been able to benefit from a caring learning environment either in person or virtually.

The past year has been full of challenges of all kinds. Adapting to new ways of doing things because of COVID-19 and transitioning from in-person to virtual learning has not always been easy. Nevertheless, you have continued to support your children in their educational journey, for which we are grateful.

## **REMINDER - Well-being and mental health resources during the summer**

We remind you that if your child needs the services of a mental health professional, CEPEO social workers will be available to support them from June 28 to August 27, 2021.

You can request services by completing the [SUMMER 2021 - Self-referral in social work form](#). It will be sent to one of our social workers who will contact you as soon as possible in order to follow up and direct you to the appropriate resources. Our response times will be 24 to 72 hours from Monday to Friday.

If your child is at imminent risk, please contact 911 or a crisis line such as the Youth Services Office at 613-260-2360.

Children and youth can also talk to a counselor 24 hours a day, 7 days a week, by calling Kids Help Phone at 1-800-668-6868 or texting TALK at 686868.

## **Start of the 2021-2022 school year**

Our teams are already preparing for the upcoming school year. All back-to-school information will be communicated to you in August by the Board and by your child's school.

I thank you for your cooperation and wish you a wonderful summer with your family!

Sylvie C. R. Tremblay  
Director of Education