

Ottawa, February 3, 2022

IMPORTANT UPDATE | Sports practices and vaccination clinics

Dear parents and guardians,

I hope February is off to a good start for you and that you are warmly dressed for today's *Journée de la petite laine*.

Sports Participation

As you know, COVID-19 has had a significant impact on school sports practice. To that end, we are pleased to announce that as of February 7, low-contact sports practices (such as volleyball, badminton, track and field, individual sports, etc.) will once again be permitted, if the number of custodians present allows it after school hours. Their presence is necessary to ensure the safety of all. However, participation in sports competitions is still suspended. We will inform you as soon as we have an update on this matter.

Vaccination Clinics

Vaccination clinics for children ages 5 to 11 are still underway. We invite you to consult the documentation prepared by the public health offices of our territory. You will find information on both the vaccines and the clinics offered.

- Ottawa Public Health
[Letter to Parents](#)
- Eastern Health Unit
[Letter to Parents](#)
[Immunization Fact Sheet](#)
- [KFL&A Health Unit](#)
- [Leeds, Granville & Lanark Health Unit](#)
- [Hasting Prince Edward Health Unit](#)
- [Renfrew County and District Health Unit](#)

The Government of Ontario also provides families with a list of clinics available in your area, which you can view through [this link](#).

I thank you for your cooperation and wish you a safe and healthy weekend.

Sylvie C.R. Tremblay
Director of Education