

Ottawa, February 14, 2022

IMPORTANT UPDATE | New health and safety guidelines

Dear parents and guardians,

I hope you are doing well on this Valentine's Day.

The Ontario government has recently announced a series of measures that will have an impact on the management of the pandemic in our schools. After consulting with the public health units on our territory, we are pleased to announce the return of certain activities.

- **Club and committee activities** (e.g. student newspapers, chess clubs, etc.) are permitted. Participants must continue to respect health guidelines, such as wearing a mask and keeping a safe distance.
- **Singing** (including choirs) and **wind instruments** are permitted again, under certain conditions :
 - masks may only be removed during the use of the instrument;
 - the wearing of a mask is mandatory for singing;
 - the physical distance of two meters for people playing wind instruments is mandatory;
 - as much physical distancing as possible should be maintained during singing activities;
 - Elementary students will be required to remain in their cohort.
- **Interschool sports 7-12** may resume under the following guidelines :
 - All individuals participating in interschool sports and high contact/high intensity activities will be required to wear masks on school premises, but may remove them temporarily to actively participate in the activities (e.g., masks may be removed during a basketball game, but worn on the bench).
- **Outdoor use of masks** is not mandatory, but is recommended.
- Students who have used their rapid antigen tests may request additional ones from the school's management who will provide them according to the available inventory.

I thank you for your cooperation and wish you a safe and healthy weekend.

Sylvie C.R. Tremblay
Director of Education

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