

Ottawa, December 1st, 2022

IMPORTANT UPDATE | Reminder of public health recommendations

Dear parents and guardians,

I hope you and yours are doing well.

As we are already in December, we would like to remind you of some public health recommendations.

Screening Tool

We would like to remind you of the importance of monitoring your child's symptoms by using the [screening tool](#) each morning before going to school or childcare. It is important for the health and safety of all members of our school community that your child stays home if they are sick.

Masks

Masks are strongly recommended by the province's Chief Medical Officer of Health for use indoors in busy areas as a preventive measure against various respiratory viruses. Masks are available if your child needs them. Your child can request them from their teacher.

Hand hygiene and respiratory etiquette

Proper hand hygiene and respiratory etiquette (what to do when someone coughs or sneezes) continue to be incorporated into the school day routines.

Immunization

Ontario's Chief Medical Officer of Health recommends staying up-to-date on vaccinations, including COVID-19 and flu shots.

These actions help protect the health of our community and we thank you for your efforts in this regard. I hope you have a great weekend with your family.

Sylvie C.R. Tremblay
Director of Education